

## KS4 Core PE Big Picture – Physical Education

<b>Autumn 01</b> <b>Weeks 1 – 7 (7 weeks)</b>	<b>Autumn 02</b> <b>Weeks 8 – 14 (7 weeks)</b>	<b>Spring 01</b> <b>Weeks 15-21 (7 weeks)</b>
<p><b>Content:</b> KS4 students have 2 lessons of PE over a fortnight where they will complete 6 lessons of each sport in their unit of work.</p> <p><i>Boys groups will take part in Rugby</i></p> <p><i>Girls groups will take part in Badminton/Netball</i></p> <p>Students are expected to perform to the best of their ability, where they will combine performance, leadership and prior skills and knowledge from KS3, and apply this as a basis within KS4 Core PE. Students can also take on leadership roles and opportunities which include officiating and umpiring, leading warm-ups and coaching specific drills.</p> <p><b><u>In Badminton, students will:</u></b></p> <ul style="list-style-type: none"> <li>➤ develop advanced techniques and implement and refine strategic play to outwit opponents.</li> <li>➤ demonstrate knowledge of the essential elements of attack and defence in competitive situations.</li> <li>➤ undertake a range of roles and responsibilities to help each other improve</li> <li>➤ independently run games and compete in them.</li> </ul> <p><b><u>In Rugby, students will:</u></b></p>	<p><b>Content:</b> KS4 students have 2 lessons of PE over a fortnight where they will complete 6 lessons of each sport in their unit of work</p> <p><i>Boys groups will take part in Football</i></p> <p><i>Girls groups will take part in Netball/Trampolining</i></p> <p>Students are expected to perform to the best of their ability, where they will combine performance, leadership and prior skills and knowledge from KS3, and apply this as a basis within KS4 Core PE. Students can also take on leadership roles and opportunities which include officiating and umpiring, leading warm-ups and coaching specific drills.</p> <p><b><u>In Football, students will:</u></b></p> <ul style="list-style-type: none"> <li>➤ develop the use of core skills within conditioned practices and gameplay.</li> <li>➤ develop advanced skills and approach games tactically in order to outwit opponents.</li> <li>➤ demonstrate the ability to analyse opposition's strengths and weaknesses and exploit these strategically to gain success.</li> <li>➤ demonstrate full knowledge of game rules and terminology throughout</li> </ul> <p><b><u>In Netball, students will:</u></b></p>	<p><b>Content:</b> KS4 students have 2 lessons of PE over a fortnight where they will complete 6 lessons of each sport in their unit of work</p> <p><i>Boys groups will take part in Tchoukball</i></p> <p><i>Girls groups will take part in Trampolining/Badminton</i></p> <p>Students are expected to perform to the best of their ability, where they will combine performance, leadership and prior skills and knowledge from KS3, and apply this as a basis within KS4 Core PE. Students can also take on leadership roles and opportunities which include officiating and umpiring, leading warm-ups and coaching specific drills.</p> <p><b><u>In Badminton, students will:</u></b></p> <ul style="list-style-type: none"> <li>➤ develop advanced techniques and implement and refine strategic play to outwit opponents.</li> <li>➤ demonstrate knowledge of the essential elements of attack and defence in competitive situations.</li> <li>➤ undertake a range of roles and responsibilities to help each other improve</li> <li>➤ independently run games and compete in them.</li> </ul> <p><b><u>In Tchoukball, students will:</u></b></p>

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<ul style="list-style-type: none"> <li>➤ apply core and advanced skills in a variety of situations</li> <li>➤ respond and adapt to skills with some consistency</li> <li>➤ perform with good technique, accuracy, fluency and control with some consistency</li> <li>➤ transfer core skills across a range of set activities</li> </ul> <p><b><u>In Netball, students will:</u></b></p> <ul style="list-style-type: none"> <li>➤ build on core skills and apply them in games and physically demanding conditional drills.</li> <li>➤ to prepare competitions, and both officiate &amp; compete in them.</li> <li>➤ work in groups taking on a range of roles and responsibilities to help each and improve as a team.</li> <li>➤ develop a deeper understanding about healthy lifestyles and fitness.</li> </ul>	<ul style="list-style-type: none"> <li>➤ build on core skills and apply them in games and physically demanding conditional drills.</li> <li>➤ to prepare competitions, and both officiate &amp; compete in them.</li> <li>➤ work in groups taking on a range of roles and responsibilities to help each and improve as a team.</li> <li>➤ develop a deeper understanding about healthy lifestyles and fitness.</li> </ul> <p><b><u>In Trampolining, students will:</u></b></p> <ul style="list-style-type: none"> <li>➤ Students should perform the core skills/techniques in increasingly demanding and progressive practices.</li> <li>➤ All moves have the option of 'others' to allow experienced performers to choose harder moves.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Learn the core skills and apply them in conditioned games and physically demanding conditional drills.</li> <li>➤ work in groups taking on a range of roles and responsibilities to help each and improve as a team.</li> <li>➤ develop a deeper understanding about healthy lifestyles and fitness.</li> </ul> <p><b><u>In Trampolining, students will:</u></b></p> <ul style="list-style-type: none"> <li>➤ Students should perform the core skills/techniques in increasingly demanding and progressive practices.</li> <li>➤ All moves have the option of 'others' to allow experienced performers to choose harder moves.</li> </ul>
<p><b>Assessment Objectives</b></p> <p>Students are not formally assessed in KS4 Core PE. Through AFL students will be provided with opportunities to improve during their lessons. In line with whole school data, students will be given a grade for their Attitude to Learning (ATL)</p>	<p><b>Assessment Objectives</b></p> <p>Students are not formally assessed in KS4 Core PE. Through AFL students will be provided with opportunities to improve during their lessons. In line with whole school data, students will be given a grade for their Attitude to Learning (ATL)</p>	<p><b>Assessment Objectives</b></p> <p>Students are not formally assessed in KS4 Core PE. Through AFL students will be provided with opportunities to improve during their lessons. In line with whole school data, students will be given a grade for their Attitude to Learning (ATL)</p>

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<b>Spring 02</b> <b>Weeks 22 – 26 (5 weeks)</b>	<b>Summer 01</b> <b>Weeks 27 – 32 (6 weeks)</b>	<b>Summer 02</b> <b>Weeks 33 – 39 (7 weeks)</b>
<p><b>Content:</b> KS4 students have 2 lessons of PE over a fortnight where they will complete 6 lessons of each sport in their unit of work</p> <p><i>Boys groups will take part in Cricket</i></p> <p><i>Girls groups will take part in Rounders</i></p> <p>Students are expected to perform to the best of their ability, where they will combine performance, leadership and prior skills and knowledge from KS3, and apply this as a basis within KS4 Core PE. Students can also take on leadership roles and opportunities which include officiating and umpiring, leading warm-ups and coaching specific drills.</p> <p><b><u>In Cricket &amp; Rounders, students will:</u></b></p> <ul style="list-style-type: none"> <li>➤ develop the use of more advanced techniques and apply them in a competitive game in order to outwit opponents.</li> <li>➤ develop decision making skills and the use of batting and bowling/fielding tactics.</li> <li>➤ undertake a range of roles and responsibilities to help each other improve and independently run games and compete in them.</li> </ul>	<p><b>Content:</b> KS4 students have 2 lessons of PE over a fortnight where they will complete 6 lessons of each sport in their unit of work</p> <p><i>Boys groups will take part in Rounders</i></p> <p><i>Girls groups will take part in Cricket</i></p> <p>Students are expected to perform to the best of their ability, where they will combine performance, leadership and prior skills and knowledge from KS3, and apply this as a basis within KS4 Core PE. Students can also take on leadership roles and opportunities which include officiating and umpiring, leading warm-ups and coaching specific drills.</p> <p><b><u>In Athletics, students will</u></b></p> <ul style="list-style-type: none"> <li>➤ accurately replicate skills and movements individually perform skills in combination focusing on the correct techniques.</li> <li>➤ show creativity, control, fluency, and aesthetics in developed sequences.</li> <li>➤ evaluate and assess movements to improve sequences.</li> </ul>	<p><b>Content:</b> KS4 students have 2 lessons of PE over a fortnight where they will complete 6 lessons of each sport in their unit of work</p> <p><i>Boys and Girls groups will take part in Athletics</i></p> <p>Students are expected to perform to the best of their ability, where they will combine performance, leadership and prior skills and knowledge from KS3, and apply this as a basis within KS4 Core PE. Students can also take on leadership roles and opportunities which include officiating and umpiring, leading warm-ups and coaching specific drills.</p> <p><b><u>In Athletics, students will</u></b></p> <ul style="list-style-type: none"> <li>➤ accurately replicate skills and movements individually perform skills in combination focusing on the correct techniques.</li> <li>➤ show creativity, control, fluency, and aesthetics in developed sequences.</li> <li>➤ evaluate and assess movements to improve sequences.</li> </ul>
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